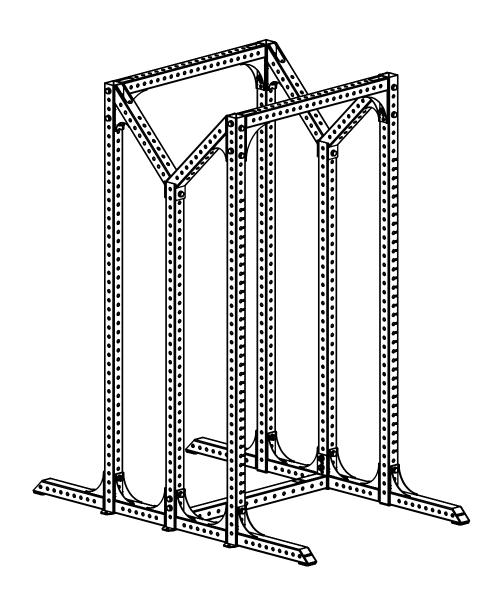
# ELEIKO PRESTERA DOUBLE HALF RACK

Art.no. 3085521, 3085533





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# READ BEFORE INSTALLATION AND USE

Install and use this equipment in a place where access and supervision are specifically controlled by the owner.

Be sure to install the equipment on a stable base and level the equipment properly. Eleiko recommends that all equipment is secured to floor and installed by a licensed contractor or an Eleiko installer.

This equipment is intended for indoor use only.

#### SAFETY INSTRUCTIONS

It is the responsibility of the purchaser of ELEIKO products to instruct all users and supervising personnel on proper usage of the equipment.

- 1. All included warnings (labels) and instructions MUST be read before the use of any Eleiko equipment. Only use the equipment as it is intended.
- 2. A user MUST get a medical examination and proper instructions before using any Eleiko equipment.
- 3. DO NOT let anyone, under any circumstances, use equipment that appears to be damaged. Do not try to repair any equipment before consulting an Eleiko technician.
- 4. DO NOT replace components of Eleiko equipment with other, none Eleiko, equipment (magnetic safety pin, frames, bars etc.). Do not improvise! If there are any doubts, consult an Eleiko representative prior to any intervention.
- 5. DO NOT overload the equipment and DO NOT try to exceed personal strength levels.
- 6. Children under the age of 14 must be supervised by an adult.
- 7. DO NOT remove any safety labels from the Eleiko equipment. Eleiko is not responsible if a label is removed. Replace damaged labels immediately.
- 8. Eleiko packaging for products an be made of wood. Be aware of splinters! You MUST use protective gloves and proper work wear.
- 9. Eleiko packaging material could be a risk when handling. Be aware of crushing! You MUST use work wear including protective gloves and hard shoes.
- 10. Eleiko products and packing material are heavy, You MUST use proper lifting techniques, work wear and hard shoes.

### WARNING LABELS



### SERIOUS INJURY COULD OCCUR IF THESE PRECAUTIONS ARE NOT OBSERVED

Read all warnings and obtain proper instructions on use of the equipment prior to using.

**DO NOT** attempt to fix broken or inoperable equipment.

Use the equipment only for its intended use.

Obtain proper instruction and **DO NOT** modify the equipment

Obtain a medical exam before beginning an exercise program.

Stop exercise if you feet faint or dizzy. Consult a physician if you are experiencing pain.

Inspect the equipment before use. **DO NOT** use if equipment appears damaged or inoperable.

Keep body and clothing free and clear of all moving parts

Do not use accessories or attachments not recommended by Eleiko.

The equipment is to be used only under qualified supervision.

Make sure all equipment is set up and operated on a solid level surface. **DO NOT** use equipment if set up on an uneven or unstable surface.

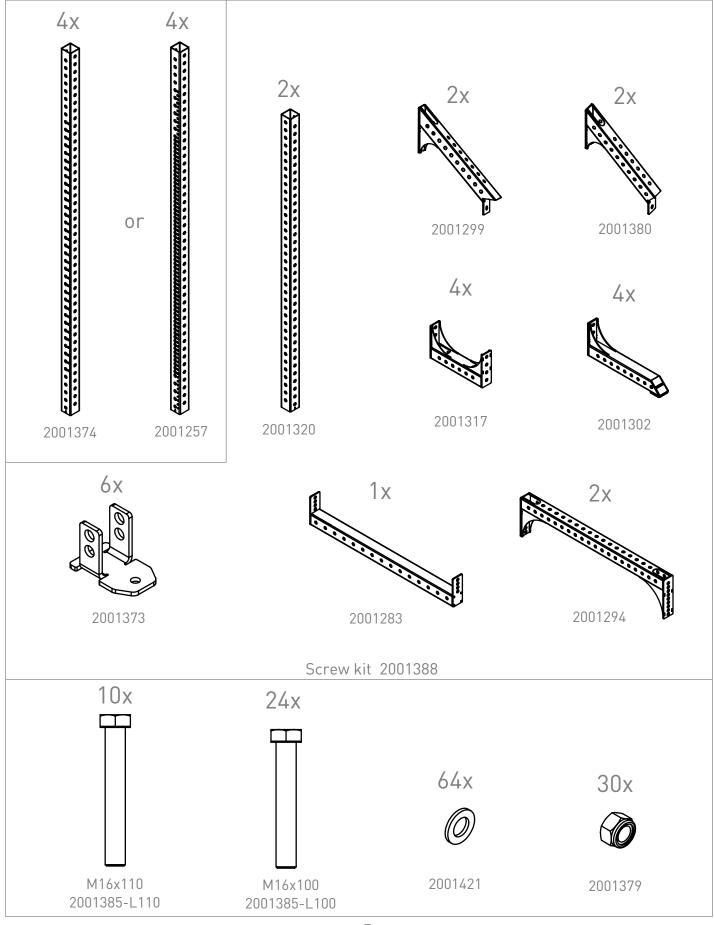
Children must not be allowed near this equipment. Teenagers must be supervised.

DO NOT REMOVE THIS LABEL

IF DAMAGED CONTACT ELEIKO TO OBTAIN A
REPLACEMENT ASTMF1749

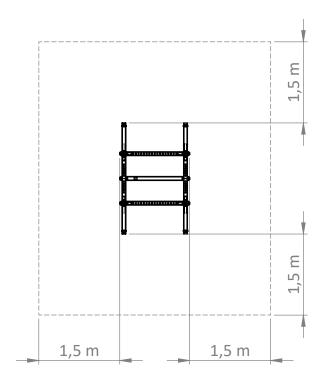


# LIST OF COMPONENTS



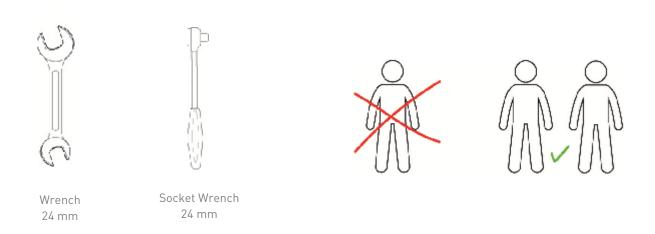
## **ASSEMBLY INSTRUCTIONS**

Before assembly, make sure you have enough clearance on all sides of the equipment, not less than 1,5 meters. Take in account the accessibility to remove and replace bar and weights.



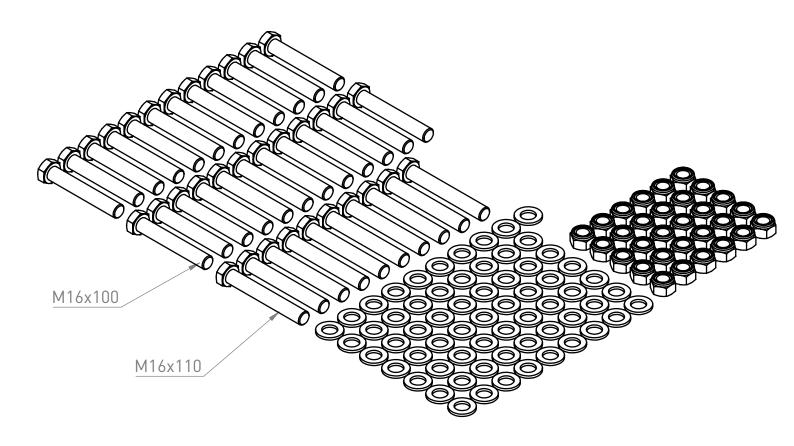
### **TOOLS NEEDED**

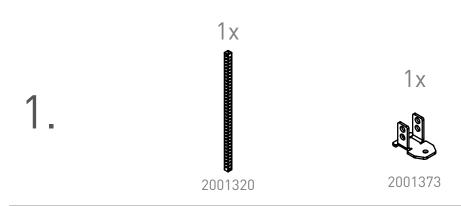
You need the following tools to assemble the equipment.

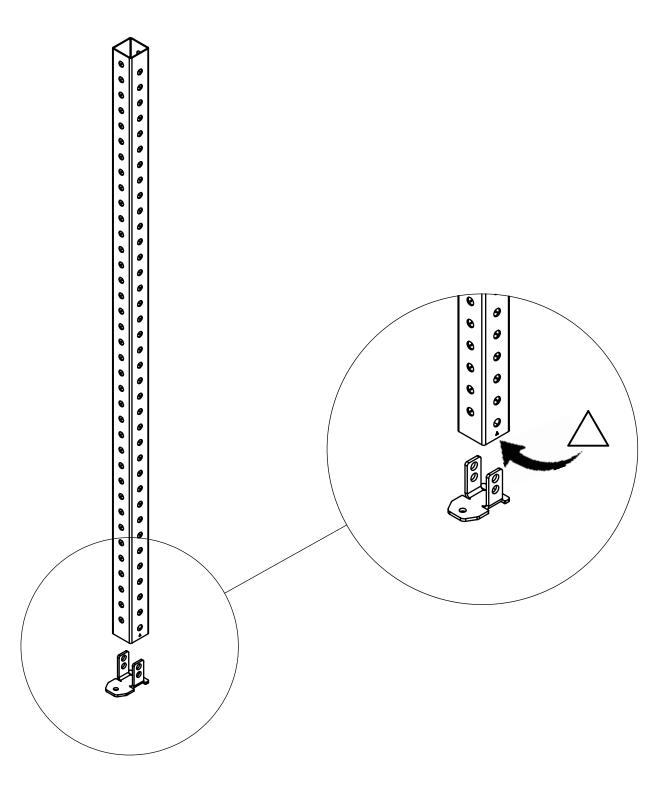


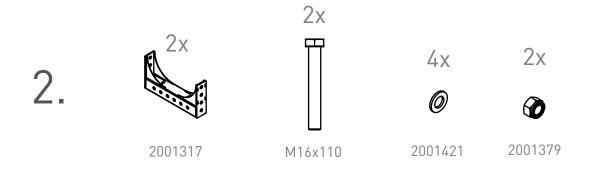
NOTE: Do not use electric power tools for assembly.

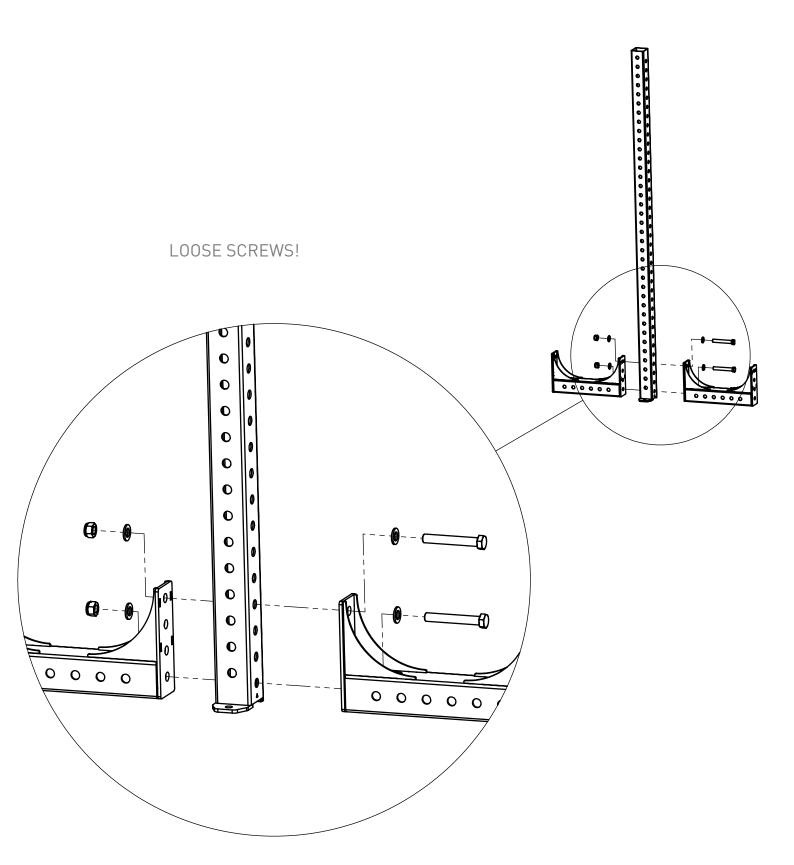
# **PREPARATION**

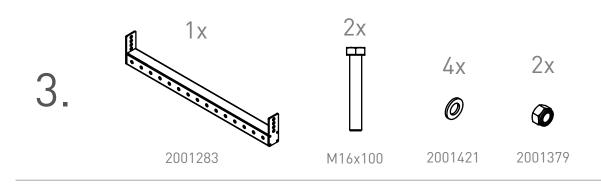


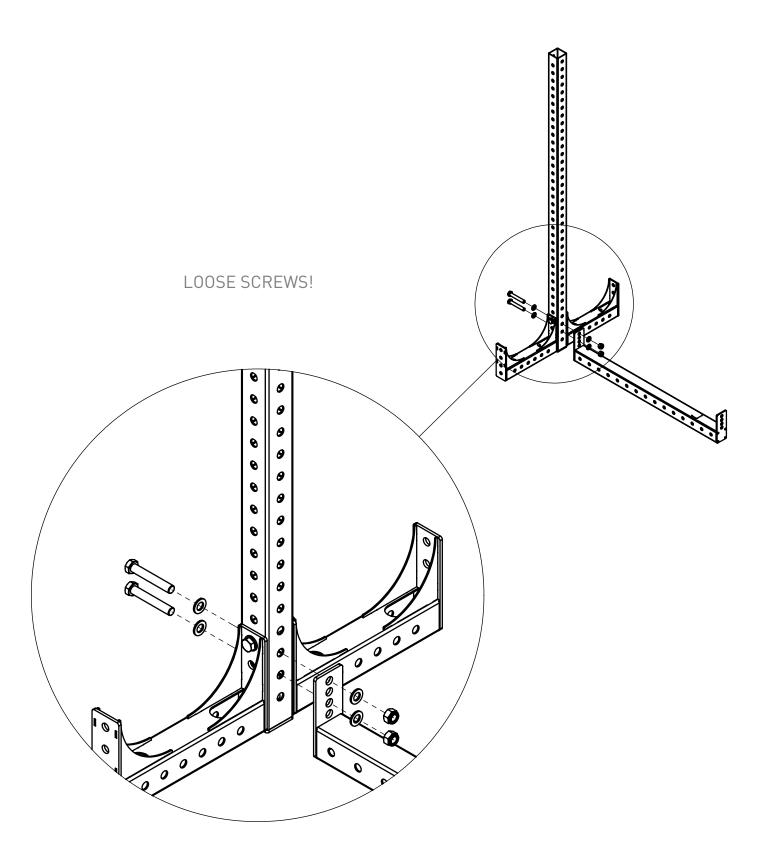


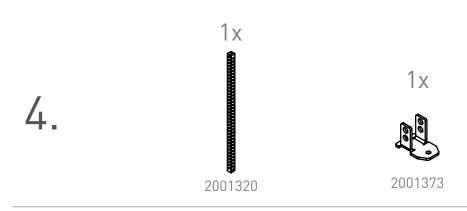


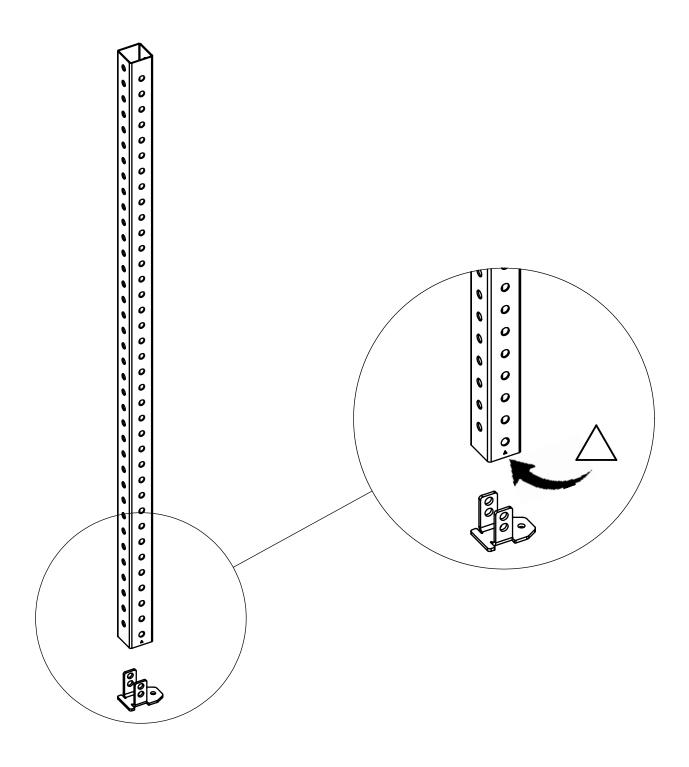


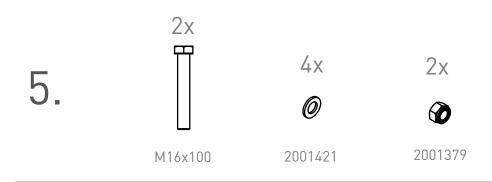


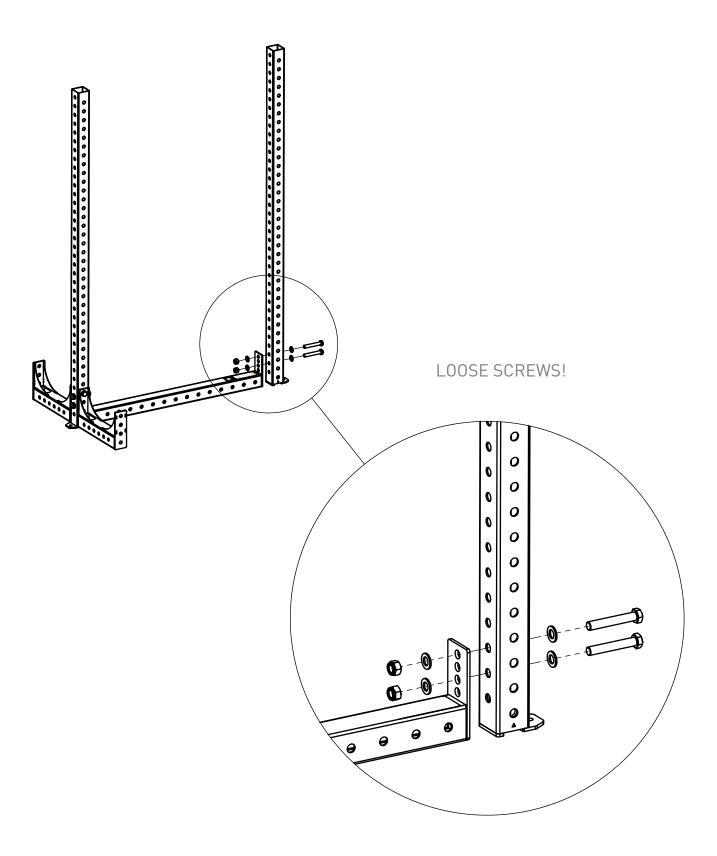




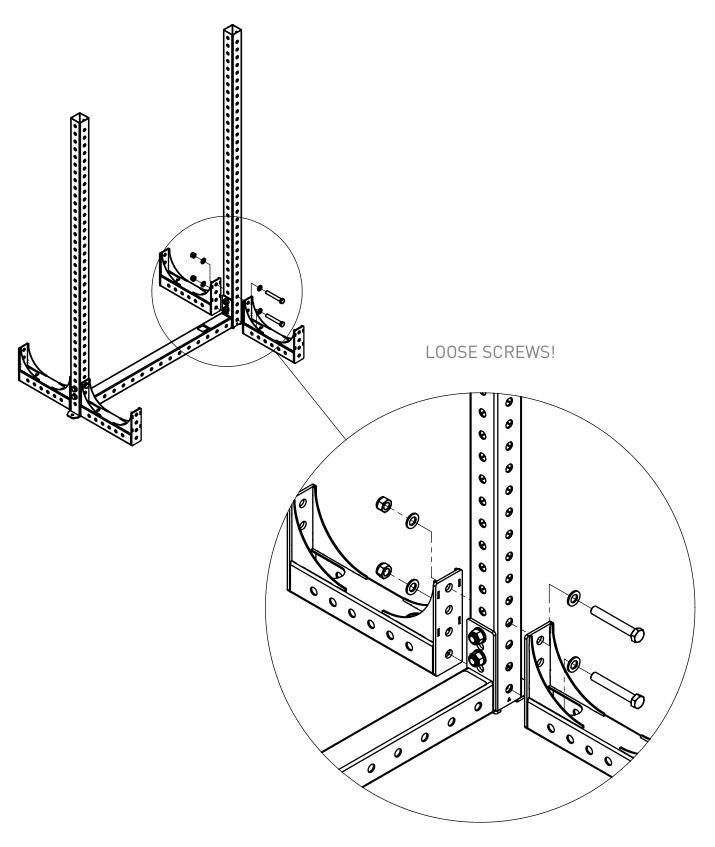


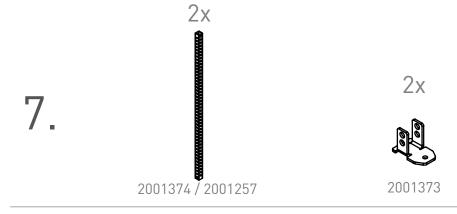


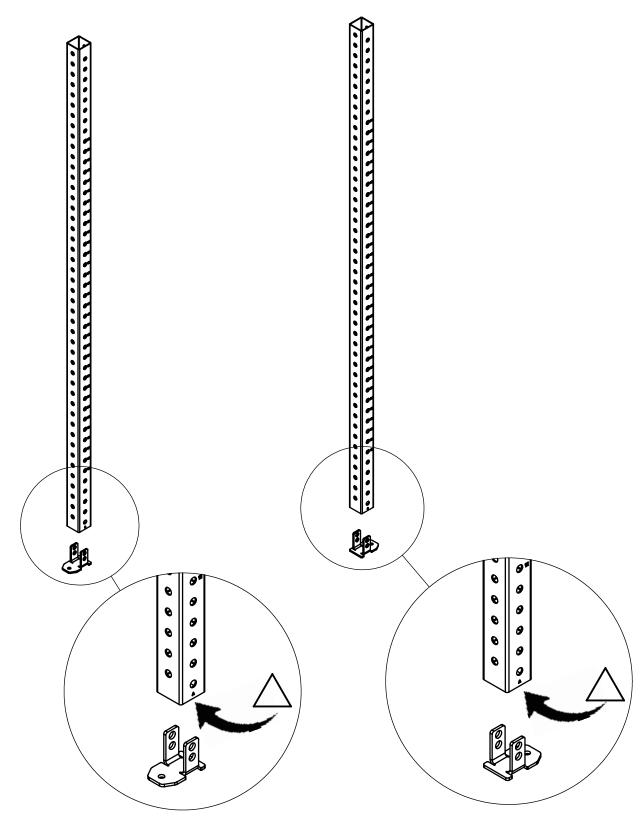


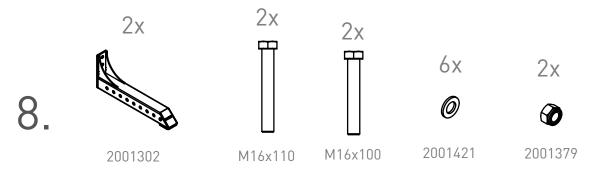


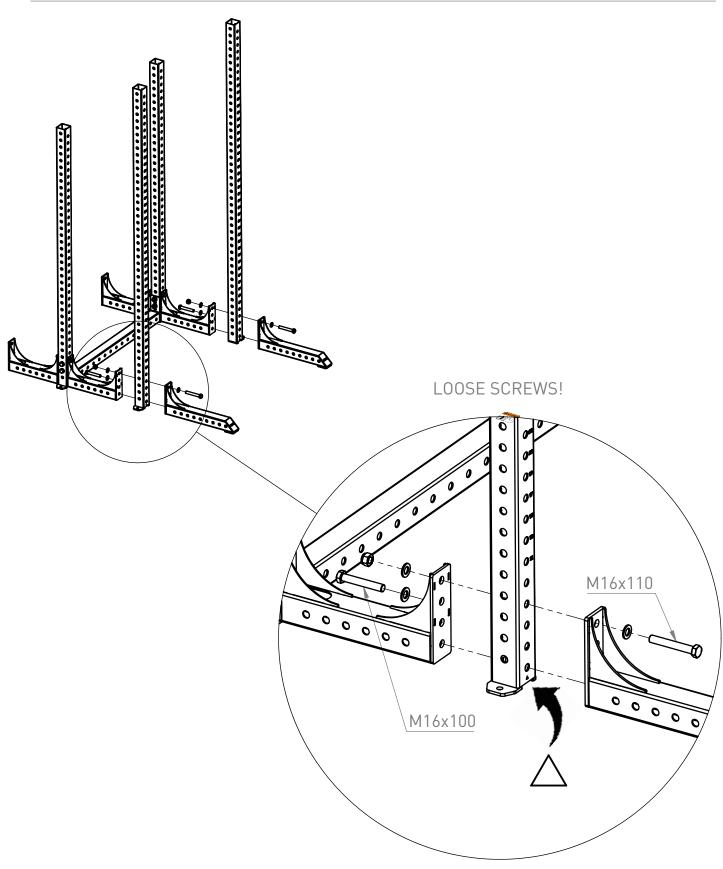


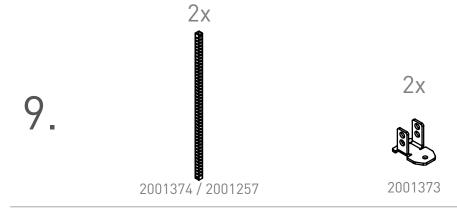


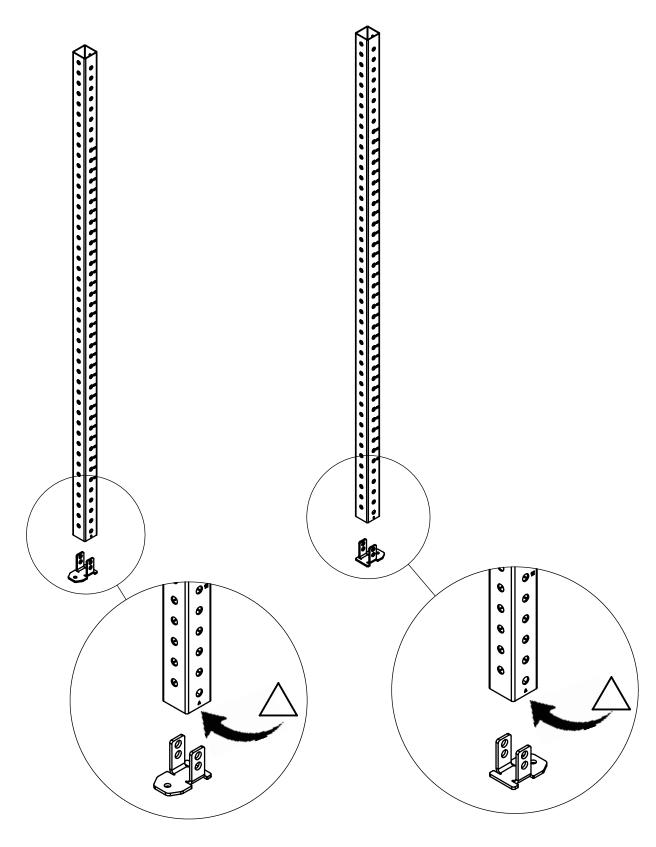


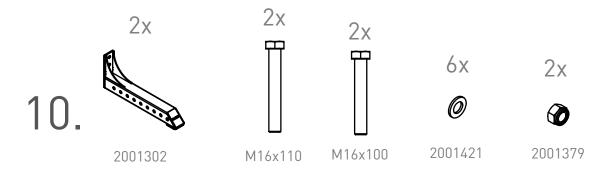


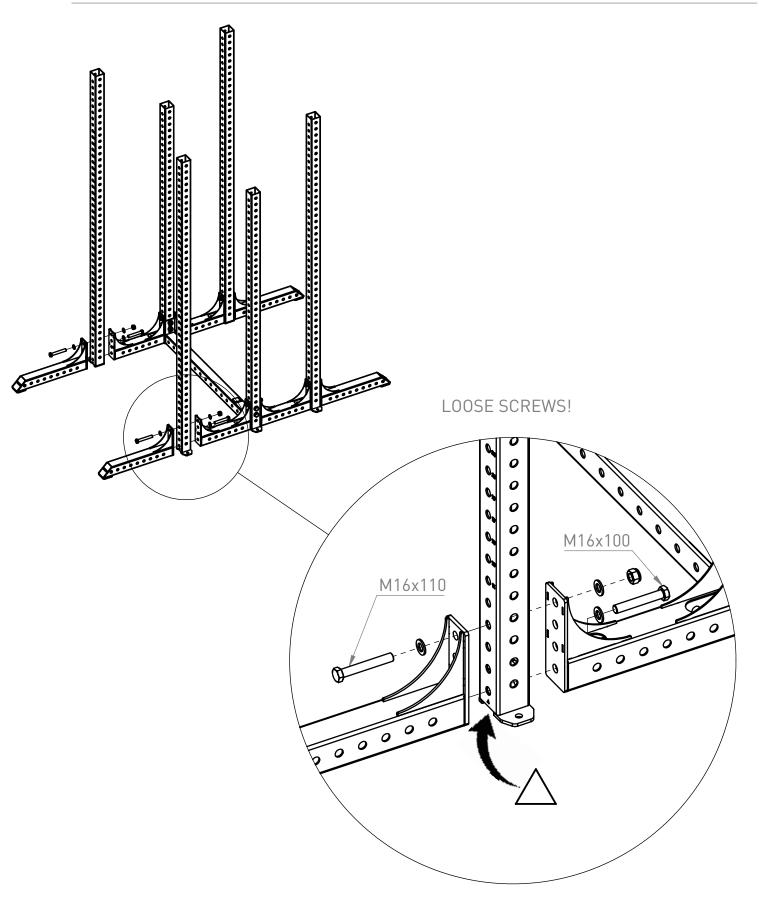


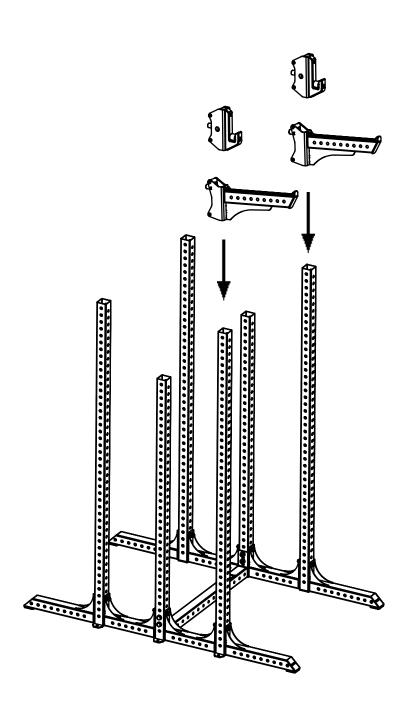


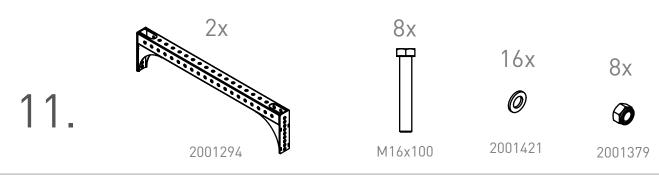


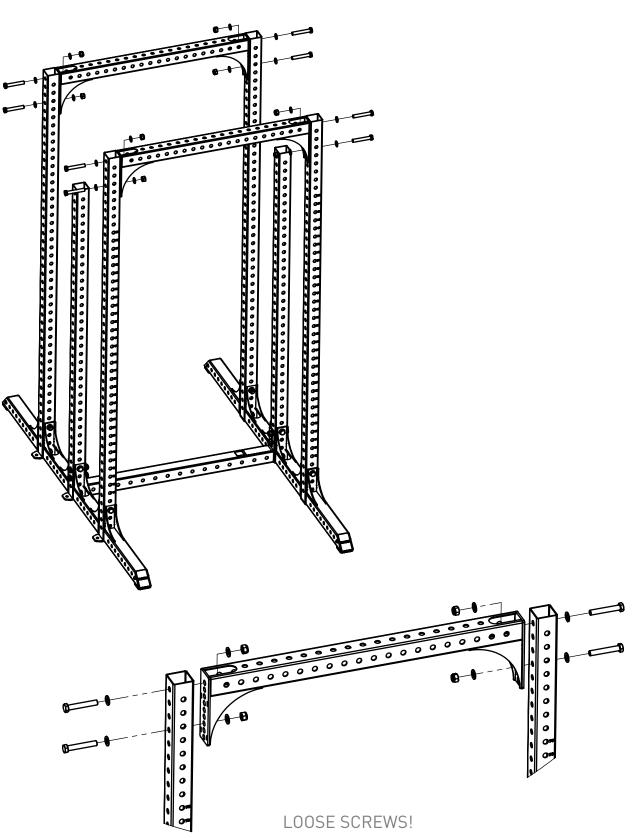


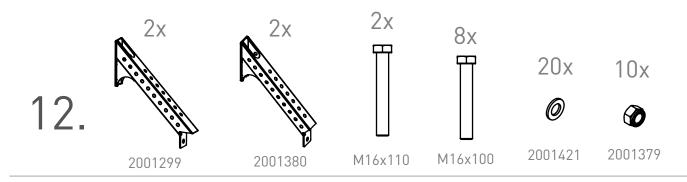


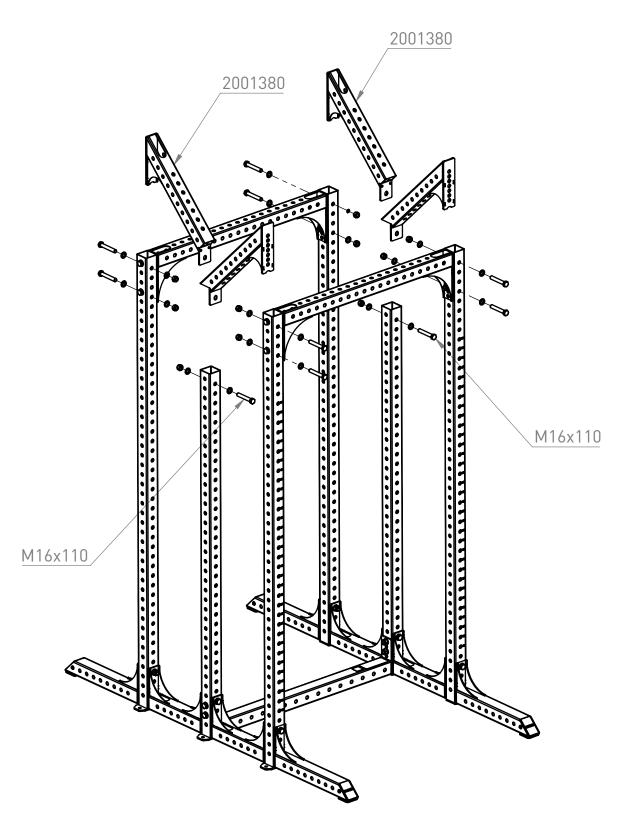




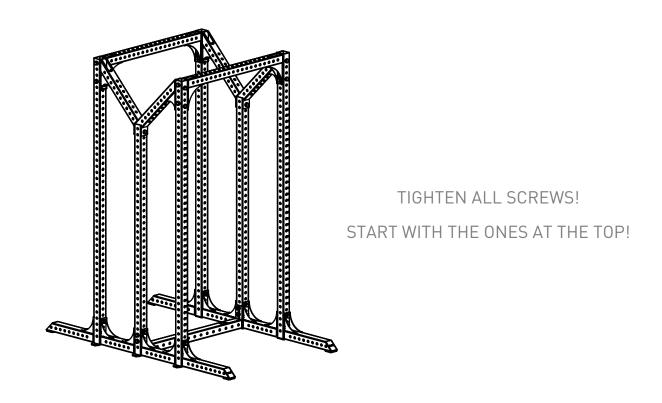


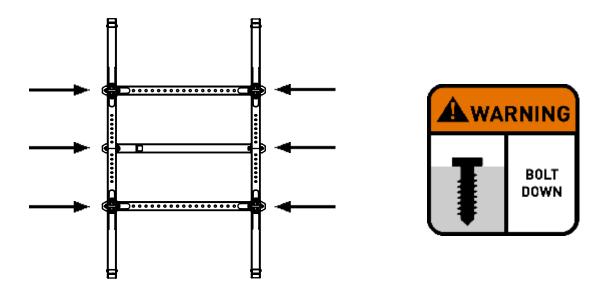






LOOSE SCREWS!





### **USER GUIDE**

#### **PURPOSE**

Multi-purpose rack for squats, presses and pull ups. Possibility to add attachments for specific exercises.

### GENERAL INSTRUCTIONS FOR USE

- 1. Add attachment for the selected exercise.
- 2. Follow instructions for that specific attachment.

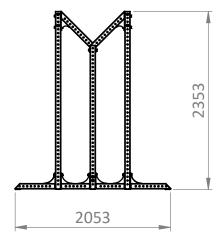
### PRODUCT SPECIFICATION

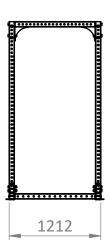
Max training weight 500 kg / 1102 lbs

Product weight 160 kg / 353 lbs

Dimensions (L x W x H) 2053 x 1212 x 2353 mm

80.8 x 47.7 x 92.6 "





### CARE AND MAINTENANCE

### PREVENTIVE MAINTENANCE AND INSPECTIONS

NOTE: The safety level of the equipment can only be maintained if it is examined regularly for damage and wear.

### Regularly:

- · Clean surfaces on the frames and tubes from dust and dirt.
- $\cdot$  Check that all bolts between parts, walls and floors are properly tightened, according to recommendations.
- · Check equipment for sharp edges. Replace parts with sharp edges.

See also www.eleiko.com.

#### SPARE PARTS AND SERVICE

Contact Eleiko for spare parts and service:

Eleiko Group AB | Klastorpsvägen 18 | SE-302 62 HALMSTAD | Sweden

E-mail: info@eleiko.com | Phone: +46 35 17 70 70

#### WARRANTY

All products manufactured by ELEIKO are warranted to the original purchaser to be free from defects in workmanship and / or materials under normal use or service as follows:

· 10 years on structural frame welds (NOT on moving parts)

Normal wear and tear do not fall under the 10-year warranty.

